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MILA MOURSI  
*Spa*  
AT THE INN

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# WELCOME

Welcome to The Mila Moursi Spa at The Inn. Our exclusive spa facility is built around the beauty rituals, teachings, techniques, and premier products from celebrity-favorite skin expert, Mila Moursi. Here we invite guests to indulge in face and body treatments rooted in relaxation, rejuvenation, and results-driven skin care. Through the synergy of science, nature, and expertise our treatments help restore and maintain healthy-looking, radiant skin. Many of our treatments feature Mila's own dry contouring and sculpting technique to lift and firm the skin without the use of machines. This technique naturally smooths, contours, and tightens skin while increasing circulation, stimulating cellular renewal, and encouraging a radiant, rosy glow.

## MILA MOURSI

Before opening her own spa in 1981 and launching her own brand in 1985, Mila Moursi studied esthetics in Paris, going on to study cosmetic chemistry as a disciple of Dr. Louis Renaud, renowned French chemist and artisan known for creating luxurious and timeless formulas. For 30 years and counting, Mila has provided her A-list clientele luxuriously effective French skin care and treatments at the Mila Moursi Skin Care Institute in Los Angeles.

## MILA'S PHILOSOPHY

Beauty and wellness are interconnected, and beauty radiates from within. Eating healthily, getting proper sleep and hydration, and leading an active lifestyle all contribute to good skin health. Mila teaches her clients about the importance of consistency and discipline in their lifestyle choices and many of our offerings can be purchased in series for ease of regularity.

# FACE TREATMENTS

Each facial treatment is customized to the client's needs and goals.

## CLASSIC EUROPEAN FACIAL

**60 min** \$250 | **90 min** \$350

Effectively removes impurities, deeply hydrates, and balances tone, leaving skin supple, oxygenated, and well-nourished.

## GENTLEMAN'S FACIAL

**60 min** \$250 | **90 min** \$350

Includes thorough cleansing, exfoliation, deep hydration, and tonal balance, ensuring skin remains supple, oxygenated, and well-nourished.

## BIO-BRACION FACIAL

**60 min** \$300

Gentle yet effective on every skin type, including sensitive skin, this facial results in brighter skin, removal of dead and damaged skin cells, and leaves the face feeling and looking softer.

## VACUDERMIE CONTOURING TREATMENT

**60 min** \$350 | **Series of 6:** \$1,950

Enhances skin health by promoting nutrition, oxygenation, and the elimination of toxins, leaving the skin rejuvenated and redefining facial contour. Noticeable results are seen immediately.

## SCULPTING REJUVENATION TREATMENT

**75 min** \$350 | **Series of 6:** \$1,950

Features Mila Moursi's dry contouring and sculpting technique to lift and firm without the use of machines, this treatment smooths, contours, and tightens while increasing circulation, stimulating cellular renewal, and encouraging a radiant glow.

## LIFT & TONE MICROCURRENT TREATMENT

**60 min** \$390 | **90 min** \$490  
**Series of 6:** \$2,190 | \$2,790

By stimulating the facial muscles beneath the skin, this lifting and firming treatment works to diminish signs of wrinkles while enhancing facial contour and muscle tone. Microcurrent boosts collagen production, improving the appearance of lax skin and fine lines.

## INTENSIVE REJUVENATING TREATMENT

**90 min** \$475 | **Series of 6:** \$2,700

Using Mila Moursi's dry contouring and sculpting technique along with advanced technology to lift and firm the skin, this treatment includes one supplemental corrective protocol along with potent serums to improve elasticity and achieve flawless radiance.

## L'OPTIMAL FACE TREATMENT

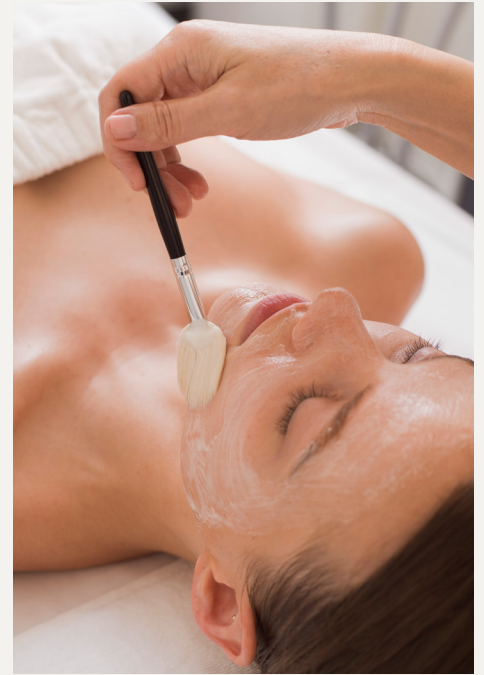
**90 min** \$550 | **Series of 6:** \$3,000

Using a combination of manual and state-of-the-art technology, this treatment lifts and firms skin delivering optimal results. This treatment includes two supplemental corrective protocols along with potent serums to improve elasticity and achieve flawless radiance.

## OXYLIGHT® TREATMENT

**90 min** \$750 | **120 min** \$900  
**Series of 6:** \$4,200 | \$5,100

A red-carpet favorite, this treatment is a non-invasive, comprehensive facial service that incorporates a combination of Radio Frequency, MyoLight (Microcurrent and integrated LED light therapy), microdermabrasion, biosonix, myosonix, negative pressure vacuum, and thermatone.



## HEAD-TO-TOE BODY TREATMENT

120 min \$850

Includes our most sought-after treatments, the Intensive Rejuvenating Treatment and the Body Detox & Wellness Treatment, with two technicians working in tandem they address your face and body simultaneously, ensuring a holistic and rejuvenating experience.

## FACIAL ENHANCEMENTS

LED 15 min \$75

BIO-BRASON 15 min \$85

MICROCURRENT 15 min \$100

PEELS 10-20 min \$65-150

## BODY ENHANCEMENTS

EUCALYPTUS SINUS RELIEF \$40

WARM STONES \$40

CBD \$40

FOOT SCRUB \$40

# BODY TREATMENTS

Each body treatment is customized to the client's needs and goals.

## SIGNATURE MASSAGE

**60 min** \$240 | **90 min** \$340

A customized massage to induce a state of relaxation throughout the entire body. Firm, therapeutic massage strokes effectively dissolve tension, alleviate muscle fatigue, and promote microcirculation.

## COUPLES MASSAGE

**60 min** \$450 | **90 min** \$650

This massage is designed for two and takes place in our Couple's Suite. Firm, therapeutic massage strokes effectively dissolve tension, alleviate muscle fatigue, and promote microcirculation.

## DEEP TISSUE MASSAGE

**60 min** \$240 | **90 min** \$340

Focused specific strokes and targeted pressure penetrate deep into muscles, releasing chronic tension. A blend of essential oils is used to alleviate pain and soothe sore muscles.

## PRE-NATAL MASSAGE

**60 min** \$240

Soothing, customized prenatal massage allowing expecting mothers to safely lay on their stomach for an enhanced therapeutic experience.

## LUMINATING BODY SCRUB TREATMENT

**60 min** \$240 | **90 min** \$340

Begins with an energizing body brushing to gently exfoliate skin and activate the lymphatic system. Followed by an invigorating full body scrub, featuring Mila Moursi's Le Gommage scrub with coconut shell powder and black pearl extracts leaving your skin feeling luminous, moisturized, and renewed.

## VACUDERMIE & PRESSOTHERAPY CONTOURING TREATMENT

**60 min** \$350 | **90 min** \$475

**Series of 6:** \$1,800 | \$2,500

This cellulite-targeted treatment is crafted to smooth, firm, and redefine body contours by improving circulation and lymphatic flow with vacuum, massage, pressotherapy, and lymphatic drainage.

## BODY LIFT & TONE MICROCURRENT TREATMENT

**60 min** \$375 | **90 min** \$450

**Series of 6:** \$2,100 | \$2,550

Utilizing microcurrent technology to stimulate muscles beneath the skin, this lifting and firming body treatment works to diminish signs of wrinkles and enhance the contour and tone of the skin.

## BODY DETOX & WELLNESS TREATMENT

**120 min** \$480 | **Series of 6:** \$2,700

A treatment designed to promote the extraction of impurities and toxins from the system including a personalized massage and the use of a G5 massaging machine to intensify the detoxification, address cellulite, and improve body firmness for a more contoured silhouette.

## L'OPTIMAL BODY TREATMENT

**90 min** \$550 | **120 min** \$675

**Series of 6:** \$3,000 | \$3,750

A full-body treatment alternating the Body Detox & Wellness Treatment, Vacuodermie & Pressotherapy Contouring Treatment, and LED light therapy.

# ETIQUETTE & INFORMATION

## CHECK-IN & ARRIVAL

Please arrive a minimum of 15 minutes prior to your appointment and enjoy our spa facilities. To ensure all guests receive their full treatment, late arrivals will end at the originally scheduled time. Valet is complimentary for spa guests.

## FACILITIES

We have five treatment rooms, including a couple's retreat, an indoor relaxation room, and three outdoor cabanas. Our resort saltwater pool and hot tub are available for use. We provide an array of luxury personal care products for use, snacks, dried fruit, and nuts.

## FITNESS CENTER

Our Fitness Center features free weights and state-of-the-art equipment, including a variety of cardio and weight machines. The Fitness Center is complimentary to all resort and spa guests. Personal training (reservations required) and fitness classes are also available. For your safety, proper closed-toe fitness shoes and clothing are required in the Fitness Center and in fitness classes.

## ATTIRE

Spa robes, sandals and lockers are complimentary. Most guests prefer to fully undress for treatments, our staff is professionally trained in proper draping techniques to ensure modesty and comfort. If you prefer, you may wear undergarments for your treatment. A bathing suit is required for our saltwater pool and hot tub.

## MINIMUM AGE REQUIREMENT

Guests must be 16 years or older to receive massage and facial treatments, and 18 years or older to use the Fitness Center.

## CONSIDERATIONS & VALUABLES

Please avoid bringing valuables and wearing jewelry to your treatment. We are not responsible for items that are lost or left at The Spa.

## CANCELLATIONS

We kindly ask that cancellations and appointment changes be made 24 hours prior to your scheduled service to avoid being charged in full. Cancellation policy may vary based on availability for group bookings.



TO BOOK CALL (858) 221-6000  
or scan for treatment and booking details.